

ROCK CLIMBING IN SOUTHWEST IDAHO



TRAVEL GUIDE



Click to read our travel guide for more information on these locations.

- 1 [CITY OF ROCKS](#)
- 2 [BLACK CLIFFS](#)
- 3 [SWAN FALLS](#)
- 4 [GOLD FORK PINS & NEEDLES](#)
- 5 [THE THINKING SPOT](#)
- 6 [RIGGINS LIMESTONE](#)

6 RIGGINS LIMESTONE:
From McCall, 55 to 95 46.1 miles

1 CITY OF ROCKS:
From Glenns Ferry, 84 to 77 140 miles

SOUTHWEST
IDAHO



visitsouthwestidaho.org



CLIMBING SAFETY & OUTFITTERS

SAFETY FIRST!

Whether a newbie or an experienced climber, everyone should know the rules and guidelines that'll keep your climbing trip fun, safe, and full of great memories.

- **Pack carefully.** Along with your harness, rope, belay device, and climbing shoes, you should have water, a first aid kit, and extra quickdraws. Make a list based on your climbing site, and work with your belay buddy to make sure that you'll have everything you need.
- **Check conditions before you head out.** Weather in Southwest Idaho can change rapidly, so check the forecast and make sure you're prepared for anything.
- **Do a gear check.** Make sure that everything is in good condition and working properly — especially locking carabiners. Put on a helmet and make sure it's secure.
- **Check your harness.** Make sure you and your belay buddy's buckles are double backed. And double-check those knots!
- **Communicate.** Make sure that you and your belayer are both familiar with commands and replies. Practice a few times if you feel uncertain.
- **Have a plan for the top.** How long is the route? What equipment will you need? Will your lead be setting up a top rope, rappelling or being belayed down, and so forth? What's the plan if something goes wrong? Take the right supplies to build a solid anchor.
- **Watch where you put your hands.** Like many western states, Idaho is home to venomous rattlesnakes. Keep your eyes and ears open, especially on hot days when the snakes like to sun themselves on rocks.
- **If you are a first-time climber, don't set off into the wilderness!** Go to a climbing gym to get the training and practice you need from a certified instructor.

ASK THE LOCALS

Need gear, guidebooks, and beta? Swing by...

- [IDAHO MOUNTAIN TOURING](#) — Boise
- [GRAVITY SPORTS](#) — McCall

where their expert staff will be able to advise you about what equipment and information you'll need for your climbing destination.

Weather's bad? No worries. In Boise, check out...

- [ASANA GYM](#)
- [VERTICAL VIEW](#)
- [THE COMMONS](#)

to get your indoor climbing fix and chat local climbing with their experienced crew.

